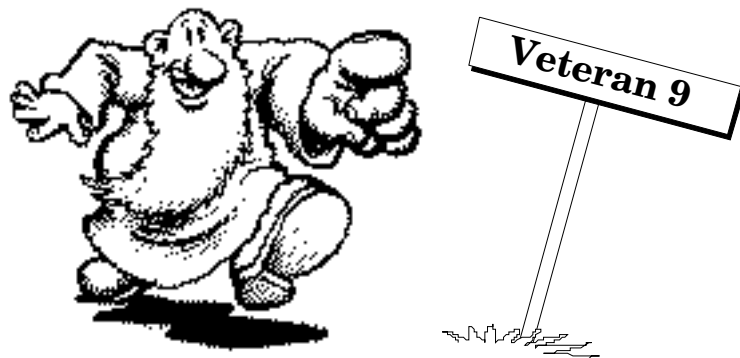


Statistik 2000

Side 1



Atletik

Damer Gruppe 30

10000 m

Heidi L. Pedersen	Rønne	27-08	36.48,45
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10 km landevej

Heidi L. Pedersen	Køge	09-04	36.32,0
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1/2 marathon

Heidi L. Pedersen	Odense	03-09	1.22.50,0
Lene Jørgensen	Odense	03-09	1.30.35,0
Lene Mandix	Aarhus	06-08	1.35.22,0

Marathon

Heidi L. Pedersen	Hamburg	16-04	3.05.34,0
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Damer Gruppe 35

Marathon

Anne S. Foged	Hamburg	16-04	3.48.51,0
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Damer Gruppe 40

Marathon

Gitte Jensen	Hamburg	16-04	3.50.00,0
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Kuglestød

Susanne Jensen	Svendborg	10-08	10,60
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Damer Gruppe 40**Diskoskast**

Susanne Jensen	Svendborg	27-04	36,14
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Spydkast

Susanne Jensen	Odense	06-08	41,69
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Damer Gruppe 45**10 km landevej**

Bente Elsberg	Hamburg	16-04	51.26,0
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1/2 marathon

Bente Elsberg	Odense	03-09	1.45.18,0
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Marathon

Bente Elsberg	Hamburg	16-04	3.48.44,0
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Damer Gruppe 50**10 km landevej**

Marianne Pallisgaard	Svendborg	23-05	47.29,0
Lisbeth Beck	Svendborg	23-05	55.50,0

1/2 marathon

Marianne Pallisgaard	Odense	03-09	1.45.14,0
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Damer Gruppe 50**Marathon**

Marianne Pallisgaard	Hamburg	16-04	3.47.20,0
Lone Jacobsen	Hamburg	16-04	4.32.16,0

Damer Gruppe 55**10 km landevej**

Birthe T. Hansen	Køge	09-04	43.55,0
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1/2 marathon

Birthe T. Hansen	Lyngby	07-05	1.36.40,0
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Damer Gruppe 60**10 km landevej**

Ulla Andersen	Ryslinge	01-10	50.47,0
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Herrer Gruppe 35**5000 m**

Jens Pedersen	Svendborg	13-07	16.05,3
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10000 m

Jens Pedersen	Rønne	27-08	34.00,39
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10 km landevej

Jens Pedersen	Horsens	02-04	33.40,0
Niels Duedahl	Svendborg	23-05	42.53,0

15 km

Jens Pedersen	Ringkøbing	23-01	52.59,0
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1/2 marathon

Jens Pedersen	Aarhus	06-08	1.14.51,0
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Marathon

Jens Pedersen	København	21-05	2.58.06,0
Søren Jensen	Hamburg	16-04	3.07.10,0
Steen Foged	Hamburg	16-04	3.47.13,0

Herrer Gruppe 40**10 km landevej**

Jan Olsen	Svendborg	23-05	36.19,0
Flemming Pytlick	Svendborg	23-05	39.30,0

1/2 marathon

Claus Ø. Christensen	Aarhus	06-08	1.30.54,0
Allan Roed	Odense	03-09	1.42.47,0
Steen Ascanius	Hesselager	30-07	1.43.56,0

Marathon

Claus Ø. Christensen	Hamburg	16-04	3.28.09,0
Steen Ascanius	Odense	15-10	3.39.27,0

Herrer Gruppe 45**10 km landevej**

Carsten Andersen	Ryslinge	01-10	38.13,0
Bernt Engstrøm	Svendborg	23-05	39.42,0
Ole Birch	Svendborg	23-05	43.44,0
Flemming Rasmussen	Hamburg	16-04	47.21,0

1/2 marathon

Carsten Andersen	Aarhus	06-08	1.22.39,0
John Svop	Aarhus	06-08	1.26.13,0
Allan Legaard	Aarhus	06-08	1.30.39,0

Marathon

Torben Sørensen	Hamburg	16-04	3.14.20,0
Flemming Rasmussen	Hamburg	16-04	3.18.37,0
Ole Birch	Hamburg	16-04	4.07.09,0

Herrer Gruppe 50**100 m**

Ole Thingstrup	Aabenraa	29-07	13,79
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200 m

Ole Thingstrup	Rønne	27-08	28,0
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1000 m

Kurt Jørgensen	Svendborg	10-08	3.06,2
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1500 m

Kurt Jørgensen	Aabenraa	29-07	4.45,60
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5000 m

Kurt Jørgensen	Svendborg	09-05	18.27,4
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10000 m

Kurt Jørgensen	Svendborg	27-04	38.13,7
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10 km landevej

Kurt Jørgensen	Odense	03-09	35.58,0
Henning Rasmussen	Otterup	16-09	39.57,0
Lars Bo Simper	Svendborg	23-05	41.24,0

1/2 marathon

Lars Bo Simper	Odense	03-09	1.29.45,0
Bent Lauridsen	Odense	03-09	1.47.19,0

Marathon

Henning Rasmussen	Odense	15-10	3.09.21,0
Erik Linde	Hamburg	16-04	3.27.28,0

Herrer Gruppe 55**1/2 marathon**

Keld B. Petersen	Aarhus	06-08	1.27.53,0
Erling Hansen	Odense	03-09	1.31.56,0

Marathon

Erling Hansen	København	21-05	3.15.44,0
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Damer Gruppe 30**400 m**

Susanne Jensen	77,17	1994
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800 m

Connie Eriksen	2.35,4	1986
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1500 m

Connie Eriksen	5.02,7	1986
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5000 m

Connie Eriksen	18.55,2	1986
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10000 m

Heidi L Pedersen	36.48,45	2000
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10 km landevej

Heidi L Pedersen	36.32,0	2000
Inge Lise Bang	44.36,0	1991

20 km

Connie Eriksen	1.19.26,7	1986
Lene Lauenborg	1.43.56,0	1984

1/2 marathon

Heidi L Pedersen	1.22.50,0	2000
Lene Jørgensen	1.30.35,0	2000
Lene Mandix	1.35.22,0	2000
Inge Lise Bang	1.38.54,0	1992

Marathon

Heidi L Pedersen	3.05.34,0	2000
Connie Eriksen	3.06.11,0	1986
Waltraud Christiansen	3.57.46,0	1988

Højdespring

Anne Grethe Skovgård	1,48	1980
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Kuglestød

Susanne Jensen	11,73	1994
Anne Grethe Skovgård	9,78	1980
Kirsten Jørgensen	8,71	1987

Diskoskast

Susanne Jensen	40,54	1992
Anne Grethe Skovgård	31,54	1980
Kirsten Jørgensen	24,96	1987

Spydkast

Susanne Jensen	46,72	1990
Anne Grethe Skovgård	31,96	1980

Hammerkast

Susanne Jensen	32,80	1990
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Vægtkast

Susanne Jensen	10,68	1993
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Kaste 3-kamp

Susanne Jensen	2265	1992
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Damer Gruppe 30**Kaste 4-kamp**

Susanne Jensen	2775	1994
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Kaste 5-kamp

Susanne Jensen	2600	1993
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Damer Gruppe 35**800 m**

Connie Eriksen	2.29,3	1987
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1500 m

Connie Eriksen	4.53,3	1987
Birthe T. Hansen	5.40,1	1982

3000 m

Connie Eriksen	10.27,5	1989
Pia Stamm	15.31,48	1994

5000 m

Connie Eriksen	18.04,5	1989
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10000 m

Connie Eriksen	37.02,0	1987
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10 km landevej

Connie Eriksen	38.47,0	1990
Anne S. Foged	46.32,0	1999
Birthe Jensen	47.36,0	1996
Birthe T. Hansen	49.07,0	1981
Amy Rasmussen	58.52,90	1991

15 km

Connie Eriksen	57.09,0	1988
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20 km

Connie Eriksen	1.15.31,0	1987
Birthe T. Hansen	1.29.40,0	1984

1/2 marathon

Hanne Jensen	1.41.13,0	1991
Birthe Jensen	1.45.31,0	1997
Anne S. Foged	1.45.52,0	1999
Gitte Jensen	1.49.36,0	1994
Inge Lise Bang	2.02.18,0	1997

Marathon

Connie Eriksen	2.55.14,0	1987
Anne S. Foged	3.38.20,0	1999
Gitte Jensen	3.50.17,0	1995
Birthe Jensen	4.05.42,0	1995

Kuglestød

Susanne Jensen	11,43	1995
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Diskoskast

Susanne Jensen	41,40	1995
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Damer Gruppe 35**Spydcast**

Susanne Jensen 48,52 1995

Hammerkast

Susanne Jensen 34,62 1996

Vægtkast

Susanne Jensen 11,16 1998

Kaste 3-kamp

Susanne Jensen 2239 1996

Kaste 4-kamp

Susanne Jensen 2873 1996

Damer Gruppe 40**800 m**

Birthe T. Hansen 2.48,0 1986

1500 m

Birthe T. Hansen 5.37,1 1988

3000 m

Anni Johansen 15.10,66 1994

5000 m

Anette Larsson 19.53,9 1989
Birthe T. Hansen 20.40,9 1988

10 km landevej

Anette Larsson 40.36,0 1989
Birthe Jensen 43.48,0 1998
Birthe T. Hansen 44.35,0 1986
Bente Elsborg 45.36,0 1998
Lone Jacobsen 53.30,0 1993
Amy Rasmussen 57.21,0 1993
Lise Weber 59.14,0 1998
Birthe Petersen 59.28,0 1991

20 km

Birthe T. Hansen 1.28.57,0 1988

1/2 marathon

Jette Christiansen 1.31.04,0 1993
Gitte Jensen 1.40.08,0 1997
Bente Elsborg 1.48.05,0 1997
Karen Lauridsen 1.54.19,0 1997
Lone Jacobsen 2.00.07,0 1993
Lise Weber 2.00.51,0 1997

Marathon

Birthe T. Hansen 3.29.02,0 1989
Gitte Jensen 3.50.00,0 2000
Bente Elsborg 4.03.08,0 1998

Kuglestød

Susanne Jensen 10,60 2000

Damer Gruppe 40**Diskoskast**

Susanne Jensen 36,14 2000

Spydcast

Susanne Jensen 41,69 2000

Damer Gruppe 45**3000 m**

Birthe T. Hansen 12.04,31 1994

5000 m

Birthe T. Hansen 20.58,8 1994

10000 m

Lisbeth Beck 50.16,5 1993

10 km landevej

Birthe T. Hansen 41.50,0 1991
Lisbeth Beck 49.39,0 1992
Bente Elsborg 51.26,0 2000
Lone Jacobsen 56.42,0 1998

20 km

Birthe T. Hansen 1.26.34,0 1990

1/2 marathon

Birthe T. Hansen 1.30.11,0 1991
Bente Elsborg 1.45.18,0 2000
Lone Jacobsen 2.04.28,0 1997

Marathon

Birthe T. Hansen 3.20.54,0 1991
Bente Elsborg 3.47.22,0 1999
Bente Elsborg 3.48.44,0 2000
Lone Jacobsen 4.51.05,0 1998

Damer Gruppe 50**5000 m**

Birthe T. Hansen 20.22,8 1995
Marianne Pallisgaard 23.02,5 1999

10 km landevej

Birthe T. Hansen 41.50,0 1996
Marianne Pallisgaard 46.42,0 1998
Lisbeth Beck 49.20,0 1998

1/2 marathon

Birthe T. Hansen 1.33.22,0 1996
Marianne Pallisgaard 1.44.10,0 1999
Else Hollesen 2.06.12,0 1999

Marathon

Birthe T. Hansen 3.25.02,0 1995
Marianne Pallisgaard 3.46.15,0 1999
Lone Jacobsen 4.32.16,0 2000

Damer Gruppe 55**10 km landevej**

Birthe T. Hansen	43.55,0	2000
Ulla Andersen	46.15,0	1998

1/2 marathon

Birthe T. Hansen	1.36.40,0	2000
Ulla Andersen	1.42.34,0	1997

Marathon

Ulla Andersen	4.06.31,0	1995
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Damer Gruppe 60**5000 m**

Ruth Jensen	28.00,0	1985
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10000 m

Ruth Jensen	55.59,0	1985
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10 km landevej

Ulla Andersen	50.47,0	2000
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20 km

Ruth Jensen	2.11.47,0	1985
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Damer Gruppe 65**800 m**

Ruth Jensen	4.07,4	1986
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1500 m

Ruth Jensen	7.58,7	1987
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5000 m

Ruth Jensen	26.51,3	1987
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10000 m

Ruth Jensen	56.51,8	1987
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20 km

Ruth Jensen	2.07.34,0	1986
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Herrer Gruppe 30**100 m**

Kurt Wahl	11,2	1982
Preben Larsson	12,2	1985
Gilbert Jespersen	12,4	1981
Hans Bøgner	12,5	1981
Djafar Tamechmecht	12,9	1991
Tage Christoffersen	13,5	1984
Jens Pedersen	13,6	1995
Gert Duus	16,3	1995

200 m

Kurt Wahl	23,7	1982
Gilbert Jespersen	24,7	1982
Preben Larsson	24,9	1985
Hans Bøgner	26,5	1982
Djafar Tamechmecht	26,7	1993
Jens Pedersen	27,4	1996

400 m

Jens Pedersen	54,3	1993
Gilbert Jespersen	54,4	1982
Djafar Tamechmecht	56,6	1991
Asger N. Sørensen	57,6	1993
Poul Arne Stegø	58,0	1981
Per A. Simonsen	61,2	1989
Bent L. Sørensen	72,4	1985

800 m

Jens Pedersen	1.56,0	1993
Gilbert Jespersen	2.02,3	1982
Djafar Tamechmecht	2.12,9	1993
Torben Sørensen	2.18,2	1986
Preben Lauesen	2.43,6	1981

1000 m

Jens Pedersen	2.38,1	1994
Gilbert Jespersen	2.45,5	1985

1500 m

Jens Pedersen	3.58,5	1993
Per A. Simonsen	4.12,0	1991
Poul Arne Stegø	4.12,7	1981
Arne Mogensfeldt	4.17,4	1975
Gilbert Jespersen	4.18,8	1984
Asger N. Sørensen	4.20,3	1994
Djafar Tamechmecht	4.30,7	1993
Carsten Andersen	4.38,1	1983
Torben Sørensen	4.40,7	1986
John Svop	5.02,0	1985
Bent L. Sørensen	5.07,5	1985
Hans Bøgner	5.13,5	1981
Gert Duus	5.39,5	1995
Kurt Wahl	5.57,5	1982

1 mile

Jens Pedersen	4.25,3	1993
Asger N. Sørensen	4.48,5	1994
Gilbert Jespersen	4.52,7	1985

2000 m

Jens Pedersen	5.37,8	1993
Arne Mogensfeldt	5.55,4	1974
Asger N. Sørensen	6.08,4	1993
Djafar Tamechmecht	6.18,8	1992
Per Nielsen	6.36,3	1997

3000 m

Jens Pedersen	8.44,87	1993
Arne Mogensfeldt	9.06,2	1975
Per A. Simonsen	9.48,8	1990
Asger N. Sørensen	9.56,9	1994
Djafar Tamechmecht	10.12,2	1993
Magnus Hamlin	10.13,0	1990
Niels Duedahl	10.17,8	1995
Per Andersen	10.32,2	1985
Poul Arne Stegø	11.48,8	1982

Herrer Gruppe 30**5000 m**

Jens Pedersen	15.11,7	1993
Arne Mogensfeldt	15.37,2	1975
Poul Arne Stegø	15.57,0	1981
Carsten Andersen	16.03,0	1983
Per A. Simonsen	16.21,5	1991
Asger N. Sørensen	16.40,0	1994
Lars Frederiksen	17.09,1	1998
Torben Sørensen	17.30,9	1986
Per Andersen	17.33,1	1986
Lars Toft	17.37,0	1984
Djafar Tamechmecht	17.43,1	1993
John Svop	17.56,5	1987
Magnus Hamlin	18.02,9	1990
Tonni Hansen	18.04,1	1987
Niels Duedahl	18.12,5	1995
Bent Lauridsen	18.13,0	1984
Henning Rasmussen	18.20,0	1984
Preben Lauesen	18.52,3	1983

10000 m

Jens Pedersen	31.29,1	1993
Arne Mogensfeldt	32.48,6	1975
Ole Nielsen	33.55,4	1993
Per A. Simonsen	34.16,0	1990
Asger N. Sørensen	35.54,1	1993
Carsten Andersen	36.12,1	1987
Per Andersen	36.20,4	1986
Torben Sørensen	36.29,5	1986
John Svop	36.39,0	1985
Bent Lauridsen	38.54,0	1984

10 km landevej

Jens Pedersen	32.12,0	1995
Per A. Simonsen	32.51,0	1991
Ole Nielsen	33.18,0	1994
Niels Christiansen	34.05,0	1989
Asger N. Sørensen	34.48,0	1996
Lars Frederiksen	35.31,1	1998
Djafar Tamechmecht	36.51,30	1991
Jan Olsen	37.36,0	1990
Lars Toft	37.39,0	1984
Niels Duedahl	37.51,0	1995
Per S. Rasmussen	39.23,0	1992

15 km

Jens Pedersen	49.23,0	1993
Ole Nielsen	52.05,0	1993
Lars Frederiksen	57.23,0	1999

20 km

Per A. Simonsen	1.10.50,0	1990
Poul Arne Stegø	1.12.13,0	1981
Torben Sørensen	1.12.32,2	1986
Arne Mogensfeldt	1.13.25,0	1975
Carsten Andersen	1.13.36,0	1987
John Svop	1.15.07,0	1984
Niels Christiansen	1.15.28,0	1989
Jan Olsen	1.17.58,0	1990
Magnus Hamlin	1.18.24,0	1990
Bent Lauridsen	1.23.35,0	1984
Tonni Hansen	1.24.54,0	1987
Henning Rasmussen	1.27.05,0	1984

Herrer Gruppe 30**1/2 marathon**

Jens Pedersen	1.12.26,0	1997
Per A. Simonsen	1.14.59,0	1990
Ole Nielsen	1.16.02,0	1993
Tonny Simonsen	1.19.20,0	1992
Jan Olsen	1.19.27,0	1992
Asger N. Sørensen	1.20.14,0	1992
Djafar Tamechmecht	1.20.44,0	1993
Magnus Hamlin	1.25.16,0	1991
Per S. Rasmussen	1.28.04,0	1992
Erik Rasmussen	1.28.16,0	1990
Morten Heitmann	1.32.25,0	1993
Henrik Hansen	1.44.13,0	1997
Gert Duus	1.54.46,0	1994

30 km

John Svop	2.04.42,0	1985
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Marathon

Per A. Simonsen	2.37.09,0	1989
John Svop	2.46.10,0	1984
Magnus Hamlin	2.53.37,0	1990
Poul Arne Stegø	2.55.32,0	1981
Jan Olsen	2.55.40,0	1990
Flemming Pytlick	2.58.08,0	1991
Torben Sørensen	2.58.45,0	1986
Niels Christiansen	3.03.30,0	1989
Søren Jensen	3.05.25,0	1998
Per Andersen	3.09.13,0	1985
Per Nielsen	3.26.44,0	1996
Bent Lauridsen	3.38.31,0	1984
Henning Rasmussen	3.57.06,0	1984
Gert Duus	4.04.06,0	1995

110 m hæk

Preben Larsson	16,9	1985
Gilbert Jespersen	19,9	1982

3000 m forh.

Poul Arne Stegø	10.02,4	1981
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4 * 100 m

Finn Olsen	46,8	1985
Preben Larsson		
Gilbert Jespersen		
Kurt Wahl		

Længdespring

Gilbert Jespersen	6,29	1982
Hans Bøgner	6,18	1982
Kurt Wahl	5,73	1982
Jens Pedersen	4,17	1995
Gert Duus	3,64	1995

Trespring

Kurt Wahl	12,07	1981
Gilbert Jespersen	11,64	1982

Højdespring

Gilbert Jespersen	1,80	1981
Hans Bøgner	1,70	1981
Lars Hansen	1,60	1995

Stangspring

Bent L. Sørensen	3,20	1982
Hans Bøgner	2,20	1982

Herrer Gruppe 30**Kuglestød**

Freddie Nielsen	13,10	1981
Finn Olsen	11,18	1985
Preben Larsson	11,07	1985
Poul Rasmussen	10,63	1986
Tage Christoffersen	10,06	1984
Hans Bøgner	9,72	1981
Gilbert Jespersen	9,70	1982
Jens Pedersen	6,95	1995
Gert Duus	6,23	1995
Carsten Andersen	4,71	1985

Diskoskast

Tage Christoffersen	36,17	1982
Freddie Nielsen	35,95	1982
Lars Hansen	35,44	1995
Gilbert Jespersen	34,95	1983
Preben Larsson	29,81	1985
Hans Bøgner	28,39	1982
Bent L. Sørensen	27,45	1983
Poul Rasmussen	27,42	1986
Kurt Wahl	24,24	1982

Spydkast

Tage Christoffersen	61,09	1980
Preben Larsson	51,12	1985
Finn Olsen	48,39	1982
Gilbert Jespersen	48,23	1983
Hans Bøgner	34,12	1982
Kurt Wahl	32,49	1982

Hammerkast

Freddie Nielsen	46,05	1982
Allan Drejer	39,29	1980
Poul Rasmussen	38,75	1986
Gilbert Jespersen	32,15	1983
Tage Christoffersen	26,88	1980
Carsten Andersen	9,30	1985

5-kamp DAF

Gilbert Jespersen	2744	1984
Hans Bøgner	2154	1982
Kurt Wahl	1970	1982

Herrer Gruppe 35**100 m**

Kurt Wahl	11,4	1983
Hans Bøgner	12,5	1983
Gilbert Jespersen	12,5	1986
Djafar Tamechmecht	12,7	1994
Jørn-Iver Beck	13,1	1983
Niels J. Rasmussen	13,6	1995
Magnus Hamlin	15,5	1995

200 m

Kurt Wahl	23,4	1983
Gilbert Jespersen	25,5	1987
Djafar Tamechmecht	25,5	1994
Jørn-Iver Beck	26,4	1982
Hans Bøgner	26,5	1983
Magnus Hamlin	30,9	1995

300 m

Djafar Tamechmecht	40,8	1995
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Herrer Gruppe 35**400 m**

Gilbert Jespersen	54,88	1986
Henning Rasmussen	58,2	1987
Hans Bøgner	58,9	1983
Torben Sørensen	61,1	1987
Djafar Tamechmecht	62,3	1995
Jørn-Iver Beck	65,5	1983
Magnus Hamlin	68,2	1996
Bent Lauridsen	71,2	1987

800 m

Gilbert Jespersen	2.02,5	1987
Per A. Simonsen	2.11,0	1993
Svend Skipper	2.12,0	1986
Henning Rasmussen	2.16,8	1986
Mogens Nielsen	2.17,8	1996
Erling Hansen	2.24,6	1982
Abdellatif Elhamouni	2.26,5	1991
Magnus Hamlin	2.33,2	1995

1000 m

Gilbert Jespersen	2.42,9	1986
Mogens Nielsen	2.51,3	1995
Abdellatif Elhamouni	2.53,3	1994
Per A. Simonsen	2.53,3	1994
Niels Christiansen	2.57,2	1994
Djafar Tamechmecht	2.59,3	1994
Magnus Hamlin	2.59,4	1995
Carsten Andersen	3.04,2	1990

1500 m

Arne Mogensfeldt	4.16,2	1982
Per A. Simonsen	4.18,3	1996
Gilbert Jespersen	4.20,5	1987
Gunnar Jespersen	4.22,8	1999
Djafar Tamechmecht	4.26,8	1994
Svend Skipper	4.27,5	1986
Abdellatif Elhamouni	4.30,6	1991
Mogens Nielsen	4.30,3	1995
Niels Christiansen	4.31,3	1994
Jens Pedersen	4.33,3	1999
Henning Rasmussen	4.38,6	1986
Bent Lauridsen	4.45,2	1985
Erling Hansen	4.55,0	1983
Hans Bøgner	5.07,9	1983
Bent L. Sørensen	5.11,1	1986
Niels J. Rasmussen	5.25,2	1995
Magnus Hamlin	5.25,4	1996
Jørn-Iver Beck	5.33,2	1983

1 mile

Gilbert Jespersen	4.43,1	1987
Djafar Tamechmecht	4.54,2	1994
Mogens Nielsen	4.55,9	1995
Magnus Hamlin	5.14,0	1995
Abdellatif Elhamouni	5.18,9	1994

2000 m

Per A. Simonsen	6.00,3	1994
Mogens Nielsen	6.06,6	1995
Niels Christiansen	6.13,4	1994
Abdellatif Elhamouni	6.22,1	1993
Djafar Tamechmecht	6.33,9	1995
Magnus Hamlin	6.36,6	1995

Herrer Gruppe 35**3000 m**

Arne Mogensfeldt	8.40,7	1978
Jens Pedersen	9.10,0	1999
Niels Christiansen	9.27,6	1994
Per A. Simonsen	9.33,4	1996
Djafar Tamechmecht	9.45,6	1994
Carsten Andersen	9.56,2	1989
Abdellatif Elhamouni	9.57,5	1991
Bent Lauridsen	10.03,0	1985
Bent Plith	10.06,1	1988
Magnus Hamlin	10.06,2	1995
Erling Hansen	10.58,0	1983

5000 m

Arne Mogensfeldt	14.53,6	1978
Per A. Simonsen	15.50,8	1992
Jens Pedersen	15.53,0	1998
Niels Christiansen	16.12,9	1994
Svend Skipper	16.15,4	1987
Mogens Nielsen	16.30,2	1995
Torben Sørensen	16.33,4	1989
Djafar Tamechmecht	16.44,0	1994
Carsten Andersen	16.47,1	1990
Abdellatif Elhamouni	17.00,6	1991
Magnus Hamlin	17.34,8	1995
Henning Rasmussen	17.37,2	1986
Erling Hansen	17.41,0	1983
Bent Lauridsen	17.46,7	1988
Jørn Nielsen	18.34,4	1986
Preben Rasmussen	19.07,0	1987
Hans Bøgner	20.17,0	1983
Jørn-Iver Beck	21.35,0	1983

10000 m

Arne Mogensfeldt	30.51,0	1978
Jens Pedersen	32.40,0	1998
Per A. Simonsen	33.24,6	1996
Niels Christiansen	33.34,90	1994
Svend Skipper	34.00,0	1987
Carsten Andersen	34.36,0	1990
Mogens Nielsen	34.44,5	1995
Torben Sørensen	36.00,2	1987
Abdellatif Elhamouni	36.33,8	1993
Henning Rasmussen	36.57,0	1985
Magnus Hamlin	37.04,20	1994
Erling Hansen	37.19,8	1982
Keld B. Petersen	39.15,0	1984

10 km landevej

Arne Mogensfeldt	31.44,7	1978
Per A. Simonsen	32.15,0	1995
Jens Pedersen	32.32,0	1998
Niels Christiansen	33.44,0	1994
Djafar Tamechmecht	34.42,0	1994
Carsten Andersen	35.01,0	1990
Leif Nielsen	35.06,0	1992
Svend Skipper	35.09,0	1986
Mogens Nielsen	35.22,0	1994
Abdellatif Elhamouni	35.24,0	1991
John Svop	36.29,0	1990
Henning Rasmussen	37.17,0	1986
Bernt Engstrøm	37.20,0	1994
Jørn Nielsen	37.31,0	1986
Magnus Hamlin	37.53,0	1994
Kamel Tamechmecht	37.58,0	1991
Niels Duedahl	38.16,0	1996
Tonni Hansen	38.45,0	1994
Ole Rasmussen	40.02,0	1990
Tommy Christensen	42.13,00	1991
Niels Duedahl	42.53,0	2000
Søren Steffen	43.58,0	1999
Henning Jensen	44.37,20	1991
Jens Hansen	44.53,0	1999

Herrer Gruppe 35**15 km**

Arne Mogensfeldt	47.56,4	1978
Jens Pedersen	50.41,0	1998
Carsten Andersen	52.32,0	1991
Niels Christiansen	52.56,0	1991
Mogens Nielsen	56.56,0	1995

20 km

Arne Mogensfeldt	1.03.30,0	1979
Carsten Andersen	1.09.27,0	1989
Svend Skipper	1.10.51,9	1986
Niels Christiansen	1.11.42,0	1990
Torben Sørensen	1.12.08,0	1989
Jørn Nielsen	1.14.16,6	1986
John Svop	1.14.42,0	1988
Henning Rasmussen	1.14.50,6	1986
Erling Hansen	1.16.49,0	1981
Bent Lauridsen	1.20.40,0	1986
Keld B. Petersen	1.21.16,0	1984
Preben Rasmussen	1.25.08,0	1987
Ole Rasmussen	1.25.50,0	1990
Tommy Christensen	1.31.54,0	1990

1/2 marathon

Arne Mogensfeldt	1.07.12,0	1979
Per A. Simonsen	1.12.30,0	1992
Torben Sørensen	1.12.35,0	1991
Jens Pedersen	1.14.51,0	2000
Carsten Andersen	1.15.42,0	1990
Niels Christiansen	1.16.30,0	1992
Mogens Nielsen	1.17.27,0	1995
Abdellatif Elhamouni	1.18.43,0	1992
John Svop	1.19.06,0	1991
Leif Nielsen	1.19.57,0	1992
Bernt Egnstrøm	1.20.29,0	1994
Magnus Hamlin	1.23.54,0	1995
Niels Duedahl	1.29.23,0	1997
Tommy Christensen	1.31.57,0	1991
Ole Rasmussen	1.36.34,0	1993
Henning Jensen	1.38.27,0	1993
Claus Ø. Christensen	1.42.39,0	1998
Per S. Rasmussen	1.44.53,0	1997

30 km

Arne Mogensfeldt	1.36.24,8	1978
Erling Hansen	1.58.11,0	1982
Torben Sørensen	2.00.00,0	1988
John Svop	2.00.28,0	1988
Henning Rasmussen	2.22.36,0	1985

Marathon

Arne Mogensfeldt	2.16.13,7	1978
Torben Sørensen	2.35.11,0	1991
Carsten Andersen	2.35.39,0	1989
Per A. Simonsen	2.36.37,0	1992
Svend Skipper	2.39.15,0	1987
Jørn Nielsen	2.44.57,0	1986
Jens Pedersen	2.45.29,0	1998
John Svop	2.46.20,0	1989
Erling Hansen	2.47.47,0	1981
Mogens Nielsen	2.51.11,0	1995
Henning Rasmussen	2.57.10,0	1989
Flemming Pytlick	3.06.16,0	1995
Søren Jenen	3.07.10,0	2000
Bent Lauridsen	3.09.25,0	1985
Jan Olsen	3.10.38,0	1999
Keld B. Petersen	3.14.20,0	1984
Mogens Clausen	3.18.57,0	1988
Niels Duedahl	3.20.47,0	1997
Claus Ø. Christensen	3.20.52,0	1999
Preben Rasmussen	3.25.58,0	1989
Ole Rasmussen	3.26.01,0	1990
Sabit Muhibic	3.35.02,0	1995
Steen Foged	3.37.44,0	1999
Tommy Christensen	3.46.11,0	1990

100 km

Arne Mogensfeldt	7.33.12,0	1982
Magnus Hamlin	9.51.28,0	1992

Herrer Gruppe 35**110 m hæk**

Kurt Wahl	18,5	1983
Jørn-Iver Beck	20,3	1983
Hans Bøgner	21,1	1983

4 * 400 m

Svend Skipper	3.51,53	1986
Henning Rasmussen		
Bent Lauridsen		
Gilbert Jespersen		

Længdespring

Hans Bøgner	6,05	1983
Jørn-Iver Beck	6,02	1981
Gilbert Jespersen	5,69	1988
Kurt Wahl	5,68	1984
Niels J. Rasmussen	4,57	1995

Trespring

Jørn-Iver Beck	13,08	1981
Hans Bøgner	11,19	1983

Højdespring

Gilbert Jespersen	1,75	1987
Hans Bøgner	1,60	1983
Jørn-Iver Beck	1,55	1983

Stangspring

Jørn-Iver Beck	3,00	1981
Hans Bøgner	2,60	1983
Bent L. Sørensen	2,20	1986

Kuglestød

Freddie Nielsen	13,66	1983
Finn Olsen	11,44	1991
Hans Bøgner	9,59	1983
Jørn-Iver Beck	9,33	1983
Gilbert Jespersen	8,98	1990
Niels J. Rasmussen	7,76	1995
Magnus Hamlin	7,12	1996
Erling Hansen	6,52	1983

Diskoskast

Freddie Nielsen	36,74	1985
Gilbert Jespersen	33,96	1990
Tage Christoffersen	33,60	1989
Jørn-Iver Beck	27,09	1983
Hans Bøgner	26,14	1983
Kurt Wahl	22,65	1985

Spydkast

Gilbert Jespersen	46,73	1986
Hans Bøgner	33,97	1983
Jørn-Iver Beck	30,71	1982

Hammerkast

Freddie Nielsen	47,94	1983
Gilbert Jespersen	35,20	1988
Jørn-Iver Beck	18,20	1983
Hans Bøgner	17,99	1983

5-kamp DAF

Gilbert Jespersen	2825	1987
Hans Bøgner	2122	1983
Jørn-Iver Beck	1874	1982

Herrer Gruppe 40**100 m**

Gilbert Jespersen	13,4	1995
Niels Christiansen	14,1	1996

200 m

Gilbert Jespersen	28,6	1993
Niels Christiansen	28,6	1996

400 m

Gilbert Jespersen	57,2	1992
Niels Christiansen	60,8	1996

800 m

Per A. Simonsen	2.09,17	1997
Svend Skipper	2.09,8	1989
Gilbert Jespersen	2.10,5	1992
Niels Christiansen	2.16,4	1995
Erling Hansen	2.29,4	1986
Keld B. Petersen	2.34,4	1986
Poul E. Pedersen	2.37,0	1996

1000 m

Niels Christiansen	2.53,0	1996
Abdellatif Elhamouni	2.53,1	1995
Gilbert Jespersen	2.55,7	1994

1500 m

Arne Mogensfeldt	4.20,1	1986
Per A. Simonsen	4.25,24	1997
Niels Christiansen	4.27,5	1996
Gilbert Jespersen	4.33,4	1992
Abdellatif Elhamouni	4.37,6	1995
Erling Hansen	4.58,8	1988
John Hvidtfeldt	5.02,2	1986
Keld B. Petersen	5.07,2	1986

1 mile

Niels Christiansen	4.54,7	1996
Abdellatif Elhamouni	5.00,3	1995
Gilbert Jespersen	5.08,1	1994

2000 m

Niels Christiansen	6.10,4	1996
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3000 m

Niels Christiansen	9.25,3	1995
Torben Sørensen	9.26,4	1995
Abdellatif Elhamouni	10.01,1	1995
Poul E. Pedersen	11.34,7	1996

5000 m

Arne Mogensfeldt	15.29,1	1983
Niels Christiansen	16.02,2	1996
Svend Skipper	16.09,8	1988
Per A. Simonsen	16.31,04	1997
Torben Sørensen	16.31,5	1995
John Hvidtfeldt	17.38,6	1988
Erling Hansen	17.40,7	1984
Keld B. Petersen	17.47,5	1988
Mogens Clausen	18.34,1	1991
Bernt Engstrøm	18.56,7	1995
Poul E. Pedersen	19.43,2	1996
Lars Toft	20.46,8	1995

10000 m

Niels Christiansen	33.20,0	1996
Arne Mogensfeldt	33.53,0	1984
Per A. Simonsen	34.18,9	1997
Torben Sørensen	34.38,1	1995
John Hvidtfeldt	36.31,2	1986
Erling Hansen	37.22,0	1985
Keld B. Petersen	37.42,1	1986
Erling Larsson	38.56,4	1989
Jørn-Iver Beck	41.00,9	1989

Herrer Gruppe 40**10 km landevej**

Arne Mogensfeldt	32.06,0	1983
Niels Christiansen	33.36,0	1995
Per A. Simonsen	34.51,0	1997
Torbren Sørensen	35.06,0	1996
Jan Olsen	36.19,0	2000
John Svop	36.13,0	1994
Abdellatif Elhamouni	36.48,0	1995
Keld B. Petersen	37.41,0	1986
Erling Hansen	37.46,0	1986
Mogens Clausen	39.11,60	1991
Erik Linde	39.16,10	1991
Alex Petersen	39.27,0	1991
Flemming Pytlick	39.30,0	2000
Bent Lauridsen	40.59,0	1990
Preben Rasmussen	43.34,00	1991
Tommy Christensen	43.57,0	1996
Gert Andreasen	47.17,0	1998

15 km

Per A. Simonsen	51.31,0	1997
Niels Christiansen	52.59,0	1995

20 km

Arne Mogensfeldt	1.05.17,1	1983
Svend Skipper	1.10.01,0	1988
John Hvidtfeldt	1.14.37,3	1986
Erling Hansen	1.15.26,9	1986
Keld B. Petersen	1.16.40,4	1986
Erik Linde	1.21.30,0	1990
Erling Larsson	1.21.43,0	1989
Alex Petersen	1.28.16,0	1990
Jørn-Iver Beck	1.29.18,0	1989

1/2 marathn

Per A. Simonsen	1.14.05,0	1997
Torben Sørensen	1.14.42,0	1992
Niels Christiansen	1.16.38,0	1995
John Svop	1.19.22,0	1993
Jørn Nielsen	1.23.31,0	1993
Erik Linde	1.26.12,0	1991
Mogens Clausen	1.26.47,0	1993
Claus Ø. Christensen	1.30.54,0	2000
Allan Legaard	1.29.49,0	1994
Kurt Slabiak	1.31.16,0	1995
Bent Haumann	1.32.03,0	1996
Tommy Christensen	1.33.32,0	1995
Bent Lauridsen	1.33.53,0	1993
Henning Jensen	1.34.49,0	1994
Sabit Muhibic	1.35.11,0	1997
Iver Midtiby	1.36.05,0	1996
Gert Andreasen	1.37.11,0	1998
Preben Rasmussen	1.42.08,0	1993
Allan Roed	1.42.47,0	2000
Steen Ascanius	1.43.56,0	2000
Bernt Engstrøm	1.46.06,0	1999
Jan Jensen	1.50.36,0	1997

30 km

Erling Hansen	2.01.38,0	1985
Keld B. Petersen	2.08.23,0	1985

Herrer Gruppe 40**Marathon**

Arne Mogensfeldt	2.22.19,0	1983
Torben Sørensen	2.32.54,0	1992
John Svop	2.50.08,0	1993
Erling Hansen	2.50.35,0	1986
John Hvidtfeldt	2.54.35,0	1988
Bernt Engstrøm	2.58.38,0	1997
Jørn Nielsen	2.58.42,0	1992
Keld B. Petersen	3.01.02,0	1989
Erling Larsson	3.12.59,0	1989
Bent Haumann	3.13.31,0	1996
Erik Linde	3.14.29,0	1989
Henning Rasmussen	3.14.34,0	1992
Alex Petersen	3.22.36,0	1988
Kurt Slabiak	3.23.17,0	1995
Allan Legaard	3.25.39,0	1995
Claus Ø. Christensen	3.28.09,0	2000
Jørn-Iver Beck	3.28.30,0	1989
Henning Jensen	3.32.01,0	1995
Bent Lauridsen	3.47.42,0	1994
Tommy Christensen	3.36.21,0	1995
Sabit Muhibic	3.38.29,0	1997
Steen Ascanius	3.39.27,0	2000

100 km

Torben Sørensen	7.54.13,0	1992
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Længdespring

Gilbert Jespersen	5,21	1993
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Trespring

Jørn-Iver Beck	12,40	1986
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Højdespring

Gilbert Jespersen	1,60	1991
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Kuglestød

Freddie Nielsen	13,14	1988
Gilbert Jespersen	9,00	1995
Niels Christiansen	6,68	1996

Diskoskast

Freddie Nielsen	37,28	1988
Gilbert Jespersen	32,20	1991
Niels Christiansen	14,12	1996

Spydkast

Gilbert Jespersen	42,40	1994
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Hammerkast

Freddie Nielsen	44,14	1991
Gilbert Jespersen	31,76	1991

5-kamp DAF

Gilbert Jespersen	2115	1993
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Herrer Gruppe 45**100 m**

Ole Thingstrup	12,4	1992
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200 m

Ole Thingstrup	26,18	1993
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Herrer Gruppe 45**400 m**

Kurt Jørgensen	68,1	1997
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800 m

Kurt Jørgensen	2.15,07	1997
Poul E. Pedersen	2.37,4	1997

1000 m

Kurt Jørgensen	2.53,9	1997
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1500 m

Kurt Jørgensen	4.29,72	1997
Carsten Andersen	5.12,1	1999

1 mile

Kurt Jørgensen	4.54,3	1996
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2000 m

Kurt Jørgensen	6.21,8	1997
Poul E. Pedersen	7.26,0	1997

3000 m

Kurt Jørgensen	10.23,3	1996
Carsten Andersen	10.58,6	1999
Poul E. Pedersen	11.25,4	1998

5000 m

Kurt Jørgensen	17.09,1	1996
Erling Larsson	17.57,8	1993
Erling Hansen	18.00,8	1989
Carsten Andersen	18.58,9	1999
Poul E. Pedersen	19.45,03	1998

10000 m

Kurt Jørgensen	36.22,6	1996
Torben Sørensen	38.12,6	1997
Svend Madsen	38.13,1	1996
Erling Hansen	38.34,1	1989
Allan Legaard	41.42,7	1997

10 km landevej

Kurt Jørgensen	36.37,0	1996
Erling Larsson	36.44,0	1990
Keld B. Petersen	36.58,0	1990
John Hvidtfeldt	37.37,0	1990
Erik Linde	37.57,0	1992
Erling Hansen	38.05,0	1992
Carsten Andersen	38.13,0	2000
Bernt Engstrøm	39.42,0	2000
Poul E. Pedersen	40.32,0	1998
Eric Schmidt	43.37,0	1997
Ole Birch	43.44,0	2000
Flemming Rasmussen	45.55,0	1996
Jørn-Iver Beck	46.36,6	1994

20 km

Keld B. Petersen	1.17.36,0	1990
John Hvidtfeldt	1.17.46,0	1990
Erling Hansen	1.18.05,0	1990
Andreas Lisbjerg	1.34.33,0	1990

Herrer Gruppe 45**1/2 marathon**

Erling Larsson	1.21.07,0	1991
John Hvidtfeldt	1.21.43,0	1991
Keld B. Petersen	1.22.35,0	1993
Carsaten Andersen	1.22.39,0	2000
Erling Hansen	1.22.58,0	1991
Erik Linde	1.23.59,0	1993
Lars Bo Simper	1.25.24,0	1995
Alex Petersen	1.25.57,0	1993
John Svop	1.26.13,0	2000
Svend Madsen	1.29.39,0	1997
Allan Legaard	1.30.39,0	2000
Preben Lauesen	1.34.47,0	1997
Jørn Nielsen	1.34.52,0	1996
Andreas Lisbjerg	1.35.14,0	1990
Kurt Slabiac	1.35.49,0	1997
Eric Schmidt	1.42.31,0	1997
Søren Offersen	1.46.38,0	1997
Flemming Rasmussen	1.37.05,0	1999
Ole Birch	1.56.03,0	1999
Preben Rasmussen	2.01.31,0	1998

Marathon

Lars Bo Simper	2.57.26,0	1995
John Hvidtfeldt	2.58.14,0	1990
Erling Hansen	2.58.48,0	1990
Torben Sørensen	3.00.35,0	1997
Erling Larsson	3.02.57,0	1990
Keld B. Petersen	3.03.06,0	1991
Erik Linde	3.03.57,0	1993
Svend Madsen	3.04.59,0	1997
Flemming Rasmussen	3.18.37,0	2000
Allan Legaard	3.21.40,0	1997
David Rundell	3.25.22,0	1987
Ole Birch	4.07.09,0	2000
Andreas Lisbjerg	4.33.58,0	1990
Preben Rasmussen	4.44.46,0	1998

100 km

Erling Hansen	9.20.23,0	1993
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Højdespring

Gilbert Jespersen	1,50	1996
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Kuglestød

Herman Ahring	11,25	1975
Gilbert Jespersen	8,63	1997
Kurt Jørgensen	8,00	1996

Diskoskast

Herman Ahring	35,01	1975
Gilbert Jespersen	26,98	1997

Spydkast

Gilbert Jespersen	42,40	1996
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Hammerkast

Herman Ahring	39,71	1975
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Vægtkast

Herman Ahring	11,67	1975
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Kaste 3-kamp

Herman Ahring	1764	1975
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Herrer Gruppe 50**100 m**

Ole Thingstrup	12,64	1997
Jørn-Iver Beck	13,9	1996

200 m

Ole Thingstrup	26,59	1998
Jørn-Iver Beck	30,8	1996

400 m

Kurt Jørgensen	63,3	1999
Jørn-Iver Beck	65,8	1996

800 m

Kurt Jørgensen	2.16,6	1998
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1000 m

Kurt Jørgensen	3.06,2	2000
Jørn-Iver Beck	3.45,7	1996

1500 m

Kurt Jørgensen	4.38,3	1999
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1 mile

Kurt Jørgensen	4.59,7	1998
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2000 m

Kurt Jørgensen	6.30,3	1998
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3000 m

Kurt Jørgensen	10.06,55	1998
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5000 m

Kurt Jørgensen	17.28,7	1998
Erling Hansen	18.58,4	1995
Erik Linde	20.08,3	1998

10000 m

Kurt Jørgensen	37.04,32	1998
Erling Larsson	38.47,6	1995

10 km landevej

Kurt Jørgensen	37.18,0	1998
John Hvidtfeldt	38.06,0	1994
Erling Larsson	39.25,0	1996
Erling Hansen	39.31,0	1995
Henning Rasmussen	39.57,0	2000
Keld B. Petersen	40.18,0	1999
Lars Bo Simper	41.24,0	2000
Erik Linde	45.26,0	1998

1/2 marathon

Lars Bo Simper	1.21.14,0	1997
John Hvidtfeldt	1.22.46,0	1995
Erling Larsson	1.25.14,0	1996
Keld B. Petersen	1.25.40,0	1997
Erling Hansen	1.25.41,0	1997
Erik Linde	1.31.01,0	1998
Bent Lauridsen	1.47.19,0	2000

Herrer Gruppe 50**Marathon**

John Hvidtfeldt	2.54.41,0	1995
Erling Hansen	2.57.58,0	1997
Keld B. Petersen	3.01.06,0	1997
Erling Larsson	3.03.39,0	1996
Lars Bo Simper	3.06.30,0	1997
Henning Rasmussen	3.09.21,0	2000
Erik Linde	3.27.28,0	2000

100 km

Erling Hansen	9.51.34,0	1994
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Kuglestød

Jørn-Iver Beck	8,67	1996
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Diskoskast

Jørn-Iver Beck	23,38	1996
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Herrer Gruppe 55**10 km landevej**

Erling Hansen	44.41,0	1999
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1/2 marathon

Keld B. Petersen	3.01.06,0	1997
Erling Hansen	1.31.50,0	1999

Marathon

Erling Hansen	3.15.44,0	2000
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Herrer Gruppe 65**5000 m**

Helge Dam	24.54,7	1989
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Herrer Gruppe 70**10 km landevej**

Helge Dam	51.51,0	1991
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**Så er det tid til en
løbetur**