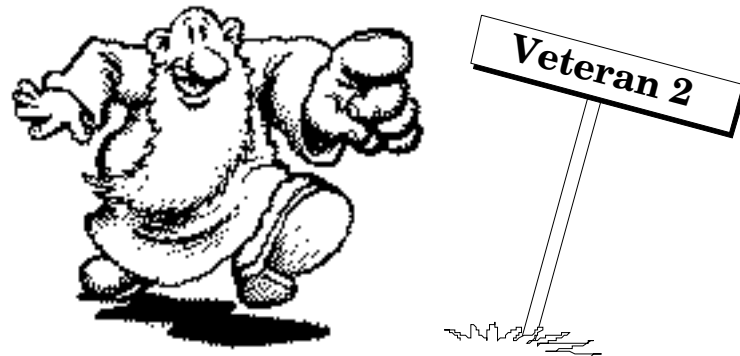


# Statistik 1993

Side 1



## Atletik

### Damer Gruppe 30

#### Kuglestød

Susanne Jensen	Langvang	19-06	11,38
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#### Diskoskast

Susanne Jensen	Nyborg	01-06	40,48
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#### Spydkast

Susanne Jensen	Glostrup	08-08	45,52
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#### Hammerkast

Susanne Jensen	Odense	25-09	30,38
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#### Vægtkast

Susanne Jensen	Odense	25-09	10,68
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#### Kaste 3-kamp

Susanne Jensen	Langvang	19-06	2217
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#### Kaste 5-kamp

Susanne Jensen	Odense	25-09	2600
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**Damer Gruppe 40****5000 m**

Anette Larsson	Svendborg	21-09	21.43,6
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**10 km landevej**

Anette Larsson	Langeskov	18-09	45.07,0
Lone Steinmejer	Odense	22-08	53.30,0
Amy Rasmussen	Odense	22-08	57.21,0

**1/2 marathon**

Jette Christiansen	Esbjerg	06-11	1.31.04,0
Lone Steinmejer	Esbjerg	06-11	2.00.07,0

**Damer Gruppe 45****10000 m**

Lisbeth Beck	Svendborg	26-09	50.16,5
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**10 km landevej**

Birthe T. Hansen	Odense	22-08	43.11,0
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**Herrer Gruppe 30****100 m**

Djafar Tamechmecht	Ringe	11-05	13,0
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**200 m**

Djafar Tamechmecht	Ringe	11-05	26,7
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**400 m**

Jens Pedersen	Svendborg	17-08	54,3
Djafar Tamechmecht	Svendborg	17-08	57,5
Asger N. Sørensen	Svendborg	17-08	57,6

**800 m**

Jens Pedersen	Odense	03-06	1.56,0
Djafar Tamechmecht	Svendborg	24-08	2.12,9

**1500 m**

Jens Pedersen	Lyngby	26-06	3.58,5
Djafar Tamechmecht	Svendborg	17-08	4.30,7

**1 mile**

Jens Pedersen	Svendborg	31-08	4.25,3
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**2000 m**

Jens Pedersen	Svendborg	24-08	5.37,8
Asger N. Sørensen	Svendborg	24-08	6.08,4
Djafar Tamechmecht	Svendborg	24-08	6.19,1

**3000 m**

Jens Pedersen	Århus	08-06	8.44,87
Djafar Tamechmecht	Svendborg	31-08	10.12,2

**Herrer Gruppe 30****5000 m**

Jens Pedersen	Svendborg	21-09	15.11,7
Asger N. Sørensen	Svendborg	21-09	16.51,7
Djafar Tamechmecht	Ringe	15-06	17.43,1

**10000 m**

Jens Pedersen	Svendborg	26-09	31.29,1
Ole Nielsen	Svendborg	26-09	33.55,4
Asger N. Sørensen	Svendborg	26-09	35.54,1

**10 km landevej**

Ole Nielsen	Odense	14-11	33.48,0
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**15 km**

Jens Pedersen	Viborg	04-04	49.23,0
Ole Nielsen	Viborg	04-04	52.05,0

**1/2 marathon**

Ole Nielsen	Åbenrå	02-05	1.16.02,0
Jens Pedersen	Århus	03-10	1.16.53,0
Djafar Tamechmecht	Odense	18-04	1.20.44,0
Morten Heitmann	Odense	18-04	1.32.25,0

**Herrer Gruppe 35****800 m**

Per A. Simonsen	Svendborg	24-08	2.11,0
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**1500 m**

Per A. Simonsen	Svendborg	17-08	4.23,9
Abdellatif Elhamouni	Svendborg	17-08	4.43,5
Niels Christiansen	Svendborg	17-08	4.46,2

**2000 m**

Per A. Simonsen	Svendborg	24-08	6.12,0
Niels Christiansen	Svendborg	24-08	6.20,1
Abdellatif Elhamouni	Svendborg	24-08	6.22,1
Magnus Hamlin	Svendborg	24-08	6.53,1

**Herrer Gruppe 35****3000 m**

Niels Christiansen	Svendborg	31-08	9.42,8
Abdellatif Elhamouni	Svendborg	31-08	10.22,0
Magnus Hamlin	Svendborg	31-08	10.45,7

**5000 m**

Per A. Simonsen	Svendborg	21-09	16.09,0
Niels Christiansen	Svendborg	21-09	16.30,7
Abdellatif Elhamouni	Svendborg	21-09	17.45,4
Magnus Hamlin	Svendborg	21-09	18.40,6

**10000 m**

Niels Christiansen	Svendborg	26-09	34.38,2
Abdellatif Elhamouni	Svendborg	26-09	36.33,8
Magnus Hamlin	Svendborg	26-09	40.50,9

**10 km landevej**

Per A. Simonsen	Holstebro	17-10	32.33,0
Niels Christiansen	Langeskov	18-09	34.31,0
Abdellatif Elhamouni	Langeskov	18-09	36.00,0

**1/2 marathon**

Per A. Simonsen	Odense	22-08	1.12.31,0
Niels Christiansen	Odense	18-04	1.18.34,0
Abdellatif Elhamouni	Odense	18-04	1.23.27,0
Magnus Hamlin	Odense	18-04	1.26.52,0
Tommy Christensen	Odense	18-04	1.32.14,0
Ole Rasmussen	Odense	18-04	1.36.34,0
Henning Jensen	Odense	18-04	1.38.27,0

**Marathon**

Per A. Simonsen	Hamburg	23-05	2.42.19,0
Tommy Christensen	Hamburg	23-05	3.48.47,0
Henning Jensen	Hamburg	23-05	4.10.29,0

**Herrer Gruppe 40****200 m**

Gilbert Jespersen	Ringe	11-05	28,6
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**1500 m**

Gilbert Jespersen	Ringe	11-05	5.14,0
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**10 km landevej**

John Svop	Ryslinge	03-10	37.26,40
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**1/2 marathon**

John Svop	Odense	22-08	1.19.22,0
Jørn Nielsen	Odense	22-08	1.23.31,0
Mogens Clausen	Odense	18-04	1.26.47,0
Allan Legaard	Odense	22-08	1.32.45,0
Bent Lauridsen	Odense	22-08	1.33.53,0
Preben Rasmussen	Odense	22-08	1.42.08,0

**Marathon**

Torben Sørensen	Hamburg	23-05	2.42.13,0
John Svop	Vedbæk	26-09	2.50.08,0
Allan Legaard	Hamburg	23-05	3.39.49,0

**Længdespring**

Gilbert Jespersen	Ringe	11-05	5,21
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**Højdespring**

Gilbert Jespersen	Svendborg	17-08	1,60
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**Diskoskast**

Gilbert Jespersen	Ringe	11-05	28,52
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**Spydkast**

Gilbert Jespersen	Ringe	11-05	39,72
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**5-kamp DAF**

Gilbert Jespersen	Ringe	11-05	2115
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**Herrer Gruppe 45****100 m**

Ole Thingstrup	Frederiksberg	28-08	12,73
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**200 m**

Ole Thingstrup	Frederiksberg	29-08	26,18
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**5000 m**

Erling Larsson	Svendborg	21-09	17.57,8
Erling Hansen	Svendborg	17-08	20.41,0

**10 km landevej**

Erling Larsson	Langeskov	18-09	36.59,0
Keld B. Petersen	Ryslinge	03-10	38.04,66
Erling Hansen	Ryslinge	03-10	39.42,66

**1/2 marathon**

Erling Larsson	Odense	18-04	1.22.14,0
Keld B. Petersen	Odense	22-08	1.22.35,0
Erik Linde	Odense	18-04	1.23.59,0
Alex Petersen	Odense	22-08	1.25.31,0
Erling Hansen	Odense	18-04	1.25.57,0

**Marathon**

Erik Linde	Hamburg	23-05	3.03.57,0
Erling Hansen	Hamburg	23-05	3.07.08,0
John Hvidtfeldt	Vedbæk	26-09	3.07.20,0
Keld B. Petersen	Hamburg	23-05	3.08.56,0

**100 km**

Erling Hansen	Neuwittenbek	16-10	9.20.23,0
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**Damer Gruppe 30****800 m**

Connie Eriksen 2.35,4 1986

**1500 m**

Connie Eriksen 5.02,7 1986

**5000 m**

Connie Eriksen 18.55,2 1986

**10 km landevej**

Inge Lise Bang 44.36,0 1991

**20 km**

Connie Eriksen 1.19.26,7 1986  
Lene Lauenborg 1.43.56,0 1984

**1/2 marathon**

Inge Lise Bang 1.38.54,0 1992

**Marathon**

Connie Eriksen 3.06.11,0 1986  
Waltraud Christiansen 3.57.46,0 1988

**Højdespring**

Anne Grethe Skovgård 1,48 1980

**Kuglestød**

Susanne Jensen 11,60 1992  
Anne Grethe Skovgård 9,78 1980  
Kirsten Jørgensen 8,71 1987

**Diskoskast**

Susanne Jensen 40,54 1992  
Anne Grethe Skovgård 31,54 1980  
Kirsten Jørgensen 24,96 1987

**Spydkast**

Susanne Jensen 46,72 1990  
Anne Grethe Skovgård 31,96 1980

**Hammerkast**

Susanne Jensen 32,80 1990

**Vægtkast**

Susanne Jensen 10,68 1993

**Kaste 3-kamp**

Susanne Jensen 2265 1992

**Kaste 5-kamp**

Susanne Jensen 2600 1993

**Damer Gruppe 35****800 m**

Connie Eriksen 2.29,3 1987

**1500 m**

Connie Eriksen 4.53,3 1987  
Birthe T. Hansen 5.40,1 1982

**3000 m**

Connie Eriksen 10.27,5 1989

**5000 m**

Connie Eriksen 18.04,5 1989

**10000 m**

Connie Eriksen 37.02,0 1987

**10 km landevej**

Connie Eriksen 38.47,0 1990  
Birthe T. Hansen 49.07,0 1981  
Amy Rasmussen 58.52,90 1991

**15 km**

Connie Eriksen 57.09,0 1988

**20 km**

Connie Eriksen 1.15.31,0 1987  
Birthe T. Hansen 1.29.40,0 1984

**1/2 marathon**

Hanne Jensen 1.41.13,0 1991

**Marathon**

Connie Eriksen 2.55.14,0 1987

**Damer Gruppe 40****800 m**

Birthe T. Hansen 2.48,0 1986

**1500 m**

Birthe T. Hansen 5.37,1 1988

**5000 m**

Anette Larsson 19.53,9 1989  
Birthe T. Hansen 20.40,9 1988

**10 km landevej**

Anette Larsson 41.12,0 1990  
Birthe T. Hansen 44.35,0 1986  
Lone Steinmejer 53.30,0 1993  
Amy Rasmussen 57.21,0 1993  
Birthe Petersen 59.28,0 1991

**20 km**

Birthe T. Hansen 1.28.57,0 1988

**1/2 marathon**

Jette Christiansen 1.31.04,0 1993  
Lone Steinmejer 2.00.07,0 1993

**Marathon**

Birthe T. Hansen 3.29.02,0 1989

**Damer Gruppe 45**

**5000 m**  
 Birthe T. Hansen 21.27,5 1991

**10000 m**  
 Lisbeth Beck 50.16,5 1993

**10 km landevej**  
 Birthe T. Hansen 41.50,0 1991  
 Lisbeth Beck 49.39,0 1992

**20 km**  
 Birthe T. Hansen 1.26.34,0 1990

**1/2 marathon**  
 Birthe T. Hansen 1.30.11,0 1991

**Marathon**  
 Birthe T. Hansen 3.20.54,0 1991

**Damer Gruppe 60**

**5000 m**  
 Ruth Jensen 28.00,0 1985

**10000 m**  
 Ruth Jensen 55.59,0 1985

**20 km**  
 Ruth Jensen 2.11.47,0 1985

**Damer Gruppe 65**

**800 m**  
 Ruth Jensen 4.07,4 1986

**1500 m**  
 Ruth Jensen 7.58,7 1987

**5000 m**  
 Ruth Jensen 26.51,3 1987

**10000 m**  
 Ruth Jensen 56.51,8 1987

**20 km**  
 Ruth Jensen 2.07.34,0 1986

**Herrer Gruppe 30**

**100 m**  
 Kurt Wahl 11,2 1982  
 Preben Larsson 12,2 1985  
 Gilbert Jespersen 12,4 1981  
 Hans Bøgner 12,5 1981  
 Djafar Tamechmecht 12,9 1991  
 Tage Christoffersen 13,5 1984

**200 m**  
 Kurt Wahl 23,7 1982  
 Gilbert Jespersen 24,7 1982  
 Preben Larsson 24,9 1985  
 Hans Bøgner 26,5 1982  
 Djafar Tamechmecht 26,7 1993

**400 m**  
 Jens Pedersen 54,3 1993  
 Gilbert Jespersen 54,4 1982  
 Djafar Tamechmecht 56,6 1991  
 Asger N. Sørensen 57,6 1993  
 Poul Arne Stegø 58,0 1981  
 Per A. Simonsen 61,2 1989  
 Bent L. Sørensen 72,4 1985

**800 m**  
 Jens Pedersen 1.56,0 1993  
 Gilbert Jespersen 2.02,3 1982  
 Djafar Tamechmecht 2.12,9 1993  
 Torben Sørensen 2.18,2 1986  
 Preben Lauesen 2.43,6 1981

**1000 m**  
 Gilbert Jespersen 2.45,5 1985

**1500 m**  
 Jens Pedersen 3.58,5 1993  
 Per A. Simonsen 4.12,0 1991  
 Poul Arne Stegø 4.12,7 1981  
 Arne Mogensfeldt 4.17,4 1975  
 Gilbert Jespersen 4.18,8 1984  
 Djafar Tamechmecht 4.30,7 1993  
 Carsten Andersen 4.38,1 1983  
 Torben Sørensen 4.40,7 1986  
 John Svop 5.02,0 1985  
 Bent L. Sørensen 5.07,5 1985  
 Hans Bøgner 5.13,5 1981  
 Kurt Wahl 5.57,5 1982

**1 mile**  
 Jens Pedersen 4.25,3 1993  
 Gilbert Jespersen 4.52,7 1985

**2000 m**  
 Jens Pedersen 5.37,8 1993  
 Asger N. Sørensen 6.08,4 1993  
 Djafar Tamechmecht 6.18,8 1992

**3000 m**  
 Jens Pedersen 8.44,87 1993  
 Arne Mogensfeldt 9.06,2 1975  
 Per A. Simonsen 9.48,8 1990  
 Djafar Tamechmecht 10.12,2 1993  
 Manoucher Ahmadpur 10.13,0 1990  
 Per Andersen 10.32,2 1985  
 Poul Arne Stegø 11.48,8 1982

**Herrer Gruppe 30****5000 m**

Jens Pedersen	15.11,7	1993
Arne Mogensfeldt	15.37,2	1975
Poul Arne Stegø	15.57,0	1981
Carsten Andersen	16.03,0	1983
Per A. Simonsen	16.21,5	1991
Asger N. Sørensen	16.51,7	1993
Torben Sørensen	17.30,9	1986
Per Andersen	17.33,1	1986
Lars Toft	17.37,0	1984
Djafar Tamechmecht	17.43,1	1993
John Svop	17.56,5	1987
Manoucher Ahmadpur	18.02,9	1990
Tonni Hansen	18.04,1	1987
Bent Lauridsen	18.13,0	1984
Henning Rasmussen	18.20,0	1984
Preben Lauesen	18.52,3	1983

**10000 m**

Jens Pedersen	31.29,1	1993
Arne Mogensfeldt	32.48,6	1975
Ole Nielsen	33.55,4	1993
Per A. Simonsen	34.16,0	1990
Asger N. Sørensen	35.54,1	1993
Carsten Andersen	36.12,1	1987
Per Andersen	36.20,4	1986
Torben Sørensen	36.29,5	1986
John Svop	36.39,0	1985
Bent Lauridsen	38.54,0	1984

**10 km landevej**

Per A. Simonsen	32.51,0	1991
Ole Nielsen	33.48,0	1991
Asger N. Sørensen	34.56,0	1992
Djafar Tamechmecht	36.51,30	1991
Jan Olsen	37.36,0	1990
Lars Toft	37.39,0	1984
Per S. Rasmussen	39.23,0	1992

**15 km**

Jens Pedersen	49.23,0	1993
Ole Nielsen	52.05,0	1993

**20 km**

Per A. Simonsen	1.10.50,0	1990
Poul Arne Stegø	1.12.13,0	1981
Torben Sørensen	1.12.32,2	1986
Arne Mogensfeldt	1.13.25,0	1975
Carsten Andersen	1.13.36,0	1987
John Svop	1.15.07,0	1984
Jan Olsen	1.17.58,0	1990
Ahmadpur Manoucher	1.18.24,0	1990
Bent Lauridsen	1.23.35,0	1984
Tonni Hansen	1.24.54,0	1987
Henning Rasmussen	1.27.05,0	1984

**1/2 marathon**

Per A. Simonsen	1.14.59,0	1990
Ole Nielsen	1.16.02,0	1993
Jens Pedersen	1.16.53,0	1993
Tonny Simonsen	1.19.20,0	1992
Jan Olsen	1.19.27,0	1992
Asger N. Sørensen	1.20.14,0	1992
Djafar Tamechmecht	1.20.44,0	1993
Manoucher Ahmadpur	1.25.16,0	1991
Per S. Rasmussen	1.28.04,0	1992
Erik Rasmussen	1.28.16,0	1990
Morten Heitmann	1.32.25,0	1993

**30 km**

John Svop	2.04.42,0	1985
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**Marathon**

Per A. Simonsen	2.37.09,0	1989
John Svop	2.46.10,0	1984
Ahmadpur Manoucher	2.53.37,0	1990
Poul Arne Stegø	2.55.32,0	1981
Jan Olsen	2.55.40,0	1990
Flemming Pytlick	2.58.08,0	1991
Torben Sørensen	2.58.45,0	1986
Niels Christiansen	3.03.30,0	1989
Per Andersen	3.09.13,0	1985
Bent Lauridsen	3.38.31,0	1984
Henning Rasmussen	3.57.06,0	1984

**Herrer Gruppe 30****110 m hæk**

Preben Larsson	16,9	1985
Gilbert Jespersen	19,9	1982

**3000 m forh.**

Poul Arne Stegø	10.02,4	1981
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**4 \* 100 m**

Finn Olsen	46,8	1985
Preben Larsson		
Gilbert Jespersen		
Kurt Wahl		

**Længdespring**

Gilbert Jespersen	6,29	1982
Hans Bøgner	6,18	1982
Kurt Wahl	5,73	1982

**Trespring**

Kurt Wahl	12,07	1981
Gilbert Jespersen	11,64	1982

**Højdespring**

Gilbert Jespersen	1,80	1981
Hans Bøgner	1,70	1981

**Stangspring**

Bent L. Sørensen	3,20	1982
Hans Bøgner	2,20	1982

**Kuglestød**

Freddie Nielsen	13,1	1981
Finn Olsen	11,18	1985
Preben Larsson	11,07	1985
Poul Rasmussen	10,63	1986
Tage Christoffersen	10,06	1984
Hans Bøgner	9,72	1981
Gilbert Jespersen	9,70	1982
Carsten Andersen	4,71	1985

**Diskoskast**

Tage Christoffersen	36,17	1982
Freddie Nielsen	35,95	1982
Gilbert Jespersen	34,95	1983
Preben Larsson	29,81	1985
Hans Bøgner	28,39	1982
Bent L. Sørensen	27,45	1983
Poul Rasmussen	27,42	1986
Kurt Wahl	24,24	1982

**Spydkast**

Tage Christoffersen	61,09	1980
Preben Larsson	51,12	1985
Finn Olsen	48,39	1982
Gilbert Jespersen	48,23	1983
Hans Bøgner	34,12	1982
Kurt Wahl	32,49	1982

**Hammerkast**

Freddie Nielsen	46,05	1982
Allan Drejer	39,29	1980
Poul Rasmussen	38,75	1986
Gilbert Jespersen	32,15	1983
Tage Christoffersen	26,88	1980
Carsten Andersen	9,30	1985

**5-kamp DAF**

Gilbert Jespersen	2744	1984
Hans Bøgner	2154	1982
Kurt Wahl	1970	1982

**Herrer Gruppe 35****100 m**

Kurt Wahl	11,4	1983
Hans Bøgner	12,5	1983
Gilbert Jespersen	12,5	1986
Jørn-Iver Beck	13,1	1983

**200 m**

Kurt Wahl	23,4	1983
Gilbert Jespersen	25,5	1987
Jørn-Iver Beck	26,4	1982
Hans Bøgner	26,5	1983

**400 m**

Gilbert Jespersen	54,88	1986
Henning Rasmussen	58,2	1987
Hans Bøgner	58,9	1983
Torben Sørensen	61,1	1987
Jørn-Iver Beck	65,5	1983
Bent Lauridsen	71,2	1987

**800 m**

Gilbert Jespersen	2.02,5	1987
Per A. Simonsen	2.11,0	1993
Svend Skipper	2.12,0	1986
Henning Rasmussen	2.16,8	1986
Erling Hansen	2.24,6	1982
Abdellatif Elhamouni	2.26,5	1991

**1000 m**

Gilbert Jespersen	2.42,9	1986
Carsten Andersen	3.04,2	1990

**1500 m**

Arne Mogensfeldt	4.16,2	1982
Gilbert Jespersen	4.20,5	1987
Per A. Simonsen	4.23,9	1993
Svend Skipper	4.27,5	1986
Abdellatif Elhamouni	4.30,6	1991
Niels Christiansen	4.36,9	1991
Henning Rasmussen	4.38,6	1986
Bent Lauridsen	4.45,2	1985
Erling Hansen	4.55,0	1983
Hans Bøgner	5.07,9	1983
Bent L. Sørensen	5.11,1	1986
Jørn-Iver Beck	5.33,2	1983

**1 mile**

Gilbert Jespersen	4.43,1	1987
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**2000 m**

Per Simonsen	6.12,0	1993
Niels Christiansen	6.20,1	1993
Abdellatif Elhamouni	6.22,1	1993
Magnus Hamlin	6.53,1	1993

**3000 m**

Arne Mogensfeldt	8.56,7	1982
Niels Christiansen	9.40,6	1991
Carsten Andersen	9.56,2	1989
Abdellatif Elhamouni	9.57,5	1991
Bent Lauridsen	10.03,0	1985
Bent Plith	10.06,1	1988
Magnus Hamlin	10.45,7	1993
Erling Hansen	10.58,0	1983

**Herrer Gruppe 35****5000 m**

Arne Mogensfeldt	15.30,2	1981
Per A. Simonsen	15.50,8	1992
Svend Skipper	16.15,4	1987
Niels Christiansen	16.30,7	1993
Torben Sørensen	16.33,4	1989
Carsten Andersen	16.47,1	1990
Abdellatif Elhamouni	17.00,6	1991
Henning Rasmussen	17.37,2	1986
Erling Hansen	17.41,0	1983
Bent Lauridsen	17.46,7	1988
Jørn Nielsen	18.34,4	1986
Magnus Hamlin	18.40,6	1993
Preben Rasmussen	19.07,0	1987
Hans Bøgner	20.17,0	1983
Jørn-Iver Beck	21.35,0	1983

**10000 m**

Arne Mogensfeldt	32.14,0	1982
Per A. Simonsen	33.59,7	1992
Svend Skipper	34.00,0	1987
Carsten Andersen	34.36,0	1990
Niels Christiansen	34.38,2	1993
Torben Sørensen	36.00,2	1987
Abdellatif Elhamouni	36.33,8	1993
Henning Rasmussen	36.57,0	1985
Erling Hansen	37.19,8	1982
Keld B. Petersen	39.15,0	1984
Magnus Hamlin	40.50,9	1993

**10 km landevej**

Per A. Simonsen	32.33,0	1993
Niels Christiansen	34.01,0	1991
Carsten Andersen	35.01,0	1990
Leif Nielsen	35.06,0	1992
Svend Skipper	35.09,0	1986
Abdellatif Elhamouni	35.24,0	1991
John Svop	36.29,0	1990
Henning Rasmussen	37.17,0	1986
Jørn Nielsen	37.31,0	1986
Kamel Tamechmecht	37.58,0	1991
Ole Rasmussen	40.02,0	1990
Tommy Christensen	42.13,00	1991
Henning Jensen	44.37,20	1991

**15 km**

Carsten Andersen	52.32,0	1991
Niels Christiansen	52.56,0	1991

**20 km**

Arne Mogensfeldt	1.05.22,0	1981
Carsten Andersen	1.09.27,0	1989
Svend Skipper	1.10.51,9	1986
Niels Christiansen	1.11.42,0	1990
Torben Sørensen	1.12.08,0	1989
Jørn Nielsen	1.14.16,6	1986
John Svop	1.14.42,0	1988
Henning Rasmussen	1.14.50,6	1986
Erling Hansen	1.16.49,0	1981
Bent Lauridsen	1.20.40,0	1986
Keld B. Petersen	1.21.16,0	1984
Preben Rasmussen	1.25.08,0	1987
Ole Rasmussen	1.25.50,0	1990
Tommy Christensen	1.31.54,0	1990

**1/2 marathon**

Per A. Simonsen	1.12.30,0	1992
Torben Sørensen	1.12.35,0	1991
Carsten Andersen	1.15.42,0	1990
Niels Christiansen	1.16.30,0	1992
Abdellatif Elhamouni	1.18.43,0	1992
John Svop	1.19.06,0	1991
Leif Nielsen	1.19.57,0	1992
Magnus Hamlin	1.26.52,0	1993
Tommy Christensen	1.31.57,0	1991
Ole Rasmussen	1.36.34,0	1993
Henning Jensen	1.38.27,0	1993

**30 km**

Arne Mogensfeldt	1.40.44,0	1982
Erling Hansen	1.58.11,0	1982
Torben Sørensen	2.00.00,0	1988
John Svop	2.00.28,0	1988
Henning Rasmussen	2.22.36,0	1985



**Herrer Gruppe 35****Marathon**

Arne Mogensfeldt	2.21.24,0	1982
Torben Sørensen	2.35.11,0	1991
Carsten Andersen	2.35.39,0	1989
Svend Skipper	2.39.15,0	1987
Jørn Nielsen	2.44.57,0	1986
John Svop	2.46.20,0	1989
Erling Hansen	2.47.47,0	1981
Henning Rasmussen	2.57.10,0	1989
Bent Lauridsen	3.09.25,0	1985
Keld B. Petersen	3.14.20,0	1984
Mogens Clausen	3.18.57,0	1988
Preben Rasmussen	3.25.58,0	1989
Ole Rasmussen	3.26.01,0	1990
Tommy Christensen	3.46.11,0	1990

**110 m hæk**

Kurt Wahl	18,5	1983
Jørn-Iver Beck	20,3	1983
Hans Bøgner	21,1	1983

**4 \* 400 m**

Svend Skipper	3.51,53	1986
Henning Rasmussen		
Bent Lauridsen		
Gilbert Jespersen		

**Længdespring**

Hans Bøgner	6,05	1983
Jørn-Iver Beck	6,02	1981
Gilbert Jespersen	5,69	1988
Kurt Wahl	5,68	1984

**Trespring**

Jørn-Iver Beck	13,08	1981
Hans Bøgner	11,19	1983

**Højdespring**

Gilbert Jespersen	1,75	1987
Hans Bøgner	1,60	1983
Jørn-Iver Beck	1,55	1983

**Stangspring**

Jørn-Iver Beck	3,00	1981
Hans Bøgner	2,60	1983
Bent L. Sørensen	2,20	1986

**Kuglestød**

Freddie Nielsen	13,66	1983
Finn Olsen	11,44	1991
Hans Bøgner	9,59	1983
Jørn-Iver Beck	9,33	1983
Gilbert Jespersen	8,98	1990
Erling Hansen	6,52	1983

**Diskoskast**

Freddie Nielsen	36,74	1985
Gilbert Jespersen	33,96	1990
Tage Christoffersen	33,60	1989
Jørn-Iver Beck	27,09	1983
Hans Bøgner	26,14	1983
Kurt Wahl	22,65	1985

**Spydkast**

Gilbert Jespersen	46,73	1986
Hans Bøgner	33,97	1983
Jørn-Iver Beck	30,71	1982

**Hammerkast**

Freddie Nielsen	47,94	1983
Gilbert Jespersen	35,20	1988
Jørn-Iver Beck	18,20	1983
Hans Bøgner	17,99	1983

**5-kamp DAF**

Gilbert Jespersen	2825	1987
Hans Bøgner	2122	1983
Jørn-Iver Beck	1874	1982

**Herrer Gruppe 40****200 m**

Gilbert Jespersen	28,6	1993
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**400 m**

Gilbert Jespersen	57,2	1992
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**800 m**

Svend Skipper	2.09,8	1989
Gilbert Jespersen	2.10,5	1992
Erling Hansen	2.29,4	1986
Keld B. Petersen	2.34,4	1986

**1500 m**

Arne Mogensfeldt	4.20,1	1986
Gilbert Jespersen	4.33,4	1992
Erling Hansen	4.58,8	1988
John Hvidtfeldt	5.02,2	1986
Keld B. Petersen	5.07,2	1986

**5000 m**

Arne Mogensfeldt	15.29,1	1983
Svend Skipper	16.09,8	1988
John Hvidtfeldt	17.38,6	1988
Erling Hansen	17.40,7	1984
Keld B. Petersen	17.47,5	1988
Mogens Clausen	18.34,1	1991

**10000 m**

Arne Mogensfeldt	33.53,0	1984
John Hvidtfeldt	36.31,2	1986
Erling Hansen	37.22,0	1985
Keld B. Petersen	37.42,1	1986
Erling Larsson	38.56,4	1989
Jørn-Iver Beck	41.00,9	1989

**10 km landevej**

Arne Mogensfeldt	32.21,0	1986
John Svop	37.26,40	1993
Keld B. Petersen	37.41,0	1986
Erling Hansen	37.46,0	1986
Mogens Clausen	39.11,60	1991
Erik Linde	39.16,10	1991
Alex Petersen	39.27,0	1991
Bent Lauridsen	40.59,0	1990
Preben Rasmussen	43.34,00	1991

**20 km**

Arne Mogensfeldt	1.06.08,1	1986
Svend Skipper	1.10.01,0	1988
John Hvidtfeldt	1.14.37,3	1986
Erling Hansen	1.15.26,9	1986
Keld B. Petersen	1.16.40,4	1986
Erik Linde	1.21.30,0	1990
Erling Larsson	1.21.43,0	1989
Alex Petersen	1.28.16,0	1990
Jørn-Iver Beck	1.29.18,0	1989

**1/2 marathon**

Torben Sørensen	1.14.42,0	1992
John Svop	1.19.22,0	1993
Jørn Nielsen	1.23.31,0	1993
Erik Linde	1.26.12,0	1991
Mogens Clausen	1.26.47,0	1993
Allan Legaard	1.32.45,0	1993
Bent Lauridsen	1.33.53,0	1993
Preben Rasmussen	1.42.08,0	1993

**30 km**

Erling Hansen	2.01.38,0	1985
Keld B. Petersen	2.08.23,0	1985

**Herrer Gruppe 40****Marathon**

Arne Mogensfeldt	2.22.19,0	1983
Torben Sørensen	2.32.54,0	1992
John Svop	2.50.08,0	1993
Erling Hansen	2.50.35,0	1986
John Hvidtfeldt	2.54.35,0	1988
Jørn Nielsen	2.58.42,0	1992
Keld B. Petersen	3.01.02,0	1989
Erling Larsson	3.12.59,0	1989
Erik Linde	3.14.29,0	1989
Henning Rasmussen	3.14.34,0	1992
Alex Petersen	3.22.36,0	1988
Jørn-Iver Beck	3.28.30,0	1989
Allan Legaard	3.39.49,0	1993

**Længdespring**

Gilbert Jespersen	5,21	1993
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**Trespring**

Jørn-Iver Beck	12,40	1986
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**Højdespring**

Gilbert Jespersen	1,60	1991
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**Kuglestød**

Freddie Nielsen	13,14	1988
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**Diskoskast**

Freddie Nielsen	37,28	1988
Gilbert Jespersen	32,20	1991

**Spydkast**

Gilbert Jespersen	39,72	1993
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**Hammerkast**

Freddie Nielsen	44,14	1991
Gilbert Jespersen	31,76	1991

**5-kamp DAF**

Gilbert Jespersen	2115	1993
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**Herrer Gruppe 45****100 m**

Ole Thingstrup	12,4	1992
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**200 m**

Ole Thingstrup	26,18	1993
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**5000 m**

Erling Larsson	17.57,8	1993
Erling Hansen	18.00,8	1989

**10000 m**

Erling Hansen	38.34,1	1989
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**10 km landevej**

Erling Larsson	36.44,0	1990
Keld B. Petersen	36.58,0	1990
John Hvidtfeldt	37.37,0	1990
Erik Linde	37.57,0	1992
Erling Hansen	38.05,0	1992
Jørn-Iver Beck	57.53,0	1992

**20 km**

Keld B. Petersen	1.17.36,0	1990
John Hvidtfeldt	1.17.46,0	1990
Erling Hansen	1.18.05,0	1990
Andreas Lisbjerg	1.34.33,0	1990

**Herrer Gruppe 45****1/2 marathon**

Erling Larsson	1.21.07,0	1991
John Hvidtfeldt	1.21.43,0	1991
Keld B. Petersen	1.22.35,0	1993
Erling Hansen	1.22.58,0	1991
Erik Linde	1.23.59,0	1993
Alex Petersen	1.25.57,0	1993
Andreas Lisbjerg	1.35.14,0	1990

**Marathon**

John Hvidtfeldt	2.58.14,0	1990
Erling Hansen	2.58.48,0	1990
Erling Larsson	3.02.57,0	1990
Keld B. Petersen	3.03.06,0	1991
Erik Linde	3.03.57,0	1993
David Rundell	3.25.22,0	1987
Andreas Lisbjerg	4.33.58,0	1990

**100 km**

Erling Hansen	9.20.23,0	1993
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**Kuglestød**

Herman Ahring	11,25	1975
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**Diskoskast**

Herman Ahring	35,01	1975
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**Hammerkast**

Herman Ahring	39,71	1975
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**Vægtkast**

Herman Ahring	11,67	1975
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**Kaste 3-kamp**

Herman Ahring	1764	1975
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**Herrer Gruppe 65****5000 m**

Helge Dam	24.54,7	1989
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**Herrer Gruppe 70****10 km landevej**

Helge Dam	51.51,0	1991
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